



Dennis Barrow L.Ac. Dipl.Ac.

Acupuncture & Traditional Chinese Medicine - Washington, DC

From Maryland:

Take Georgia Avenue exit from Beltway. Go South towards the city. Exit at 16th Street (right exit after Seminary Road.) Follow 16th Street to Military Road (about three miles). Take Military toward Connecticut Avenue. The first stop light is Oregon Avenue. Go right on Oregon, then through three stop signs. Watch on the left for Beech Street. (If you get to another stop sign you have gone too far.) Turn left on Beech St. The clinic is on the corner of Beech and 32nd St., the white house on the hill. Please use the staircase at the end of the driveway.

From Virginia:

Take the River Road exit from the Beltway. Go South towards the city. Follow River Road to Willard Avenue, about three miles. Take a left on Willard, and follow it to Western Avenue, at the very end. Take a left on Western and follow until you reach Chevy Chase Circle. Enter the circle and take the third street to your right, continuing on Western Avenue. Go through three stop signs and at the third street after the third stop sign, turn right onto Beech St. The clinic is on the corner of Beech and 32nd St., the white house on the hill. Please use the staircase at the end of the driveway.

From DC:

Take Connecticut Avenue north out of the city. Take a right onto Nebraska Avenue. Follow Nebraska through three stoplights (and two stop signs) until it ends at Rock Creek Park. Take a left onto Oregon Avenue. Watch for Beech Street on your left. (If you get to another stop sign you have gone too far.) Turn left on Beech St. The clinic is on the corner of Beech and 32nd St., the white house on the hill. Please use the staircase at the end of the driveway.

Public Transportation:

From the Friendship Heights Metro, take the E6 bus (towards Knollwood). Exit the bus at the corner of 32nd and Beech St. . Walk down Beech St. to the corner of Beech and 32nd St. The clinic is located at the rear of the white house on the hill. Please use the staircase at the back of the driveway.

